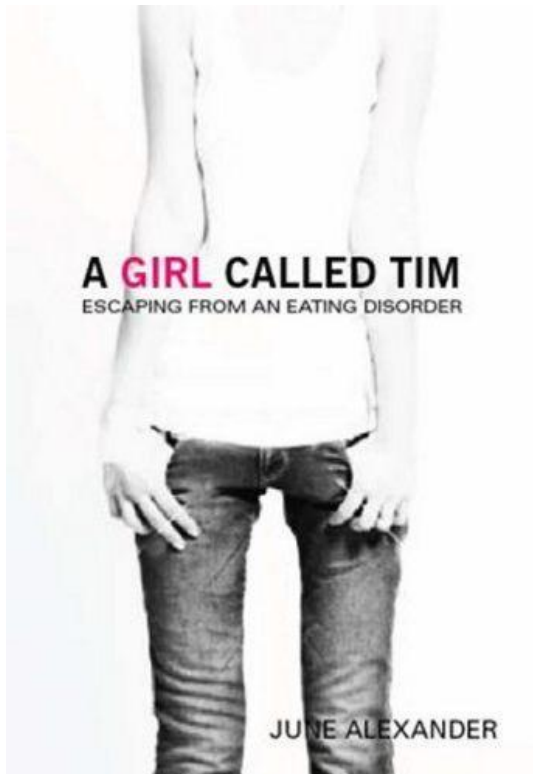


MEDIA RELEASE

Drysdale author June Alexander @ bookgrove Saturday 23 April 2011 at 11am.



Drysdale author June Alexander's autobiography, "A Girl Called Tim", tells the story of reclaiming a life lost to anorexia nervosa in the innocence of childhood. It is a heartfelt memoir of living with a mental illness, misunderstanding, abuse and rejection countered by love, hope and resilience.

A Bairnsdale dairy farmer's daughter, June developed anorexia shortly after her 11th birthday, in 1962. Unable to cope with or understand the changes in her daughter, whom she nicknamed Tim, June's mother burnt all photographs from the traumatic years. For June life became an increasingly chaotic existence full of insecurity, instability and alienation as her anorexia transitioned to bulimia nervosa, chronic anxiety and depression.

June's illness was undiagnosed for 21 years. This autobiography drawn from diary entries chronicles almost half a century of living with eating disorders to the point of breaking free and regaining her identity.

"A Girl Called Tim" offers a beacon of hope and sends the message: NEVER GIVE UP.

*"I found the courage to reach out to people who
believed not in my illness, but in me."
June Alexander*

Bookings Essential.

Published by New Holland Feb 2011, RRP \$29.99

With Thanks

Stacey Moore @ bookgrove.